

ISAIAS IÑIGUEZ, D.D.S.

PRE-OPERATIVE ISTRUCTIONS FOR IMPLANT PLACEMENT

Implants are an outpatient procedure that will be performed in our office with a local anesthetic; an oral sedative called Valium. Sedation or general anesthetic is administered by an anesthesiologist.

The following is a list of pre-operative instructions that will help to keep you as comfortable as possible before, during and after the procedure.

- You have been given prescriptions for anti-biotic, pain medication/anti-inflammatory, and oral mouth rinse. You will need to fill these in advance. You will start all three medications prior to you surgery. Taking these before you appointment.
- You will need someone to drive you home after the appointment. They are welcome to stay and wait, or we will happy to call them when you are finished and ready to go home.
- Eat a light meal 4 or more hours prior to the surgery. Do not have any dairy products 6 hours before your appointment.
- It is a good idea to stock up on post surgical foods before your visit. You will be on a soft diet the first day of the surgery. Soft cool items such as V-8, fruit juice, yogurt, pudding, ice cream, cottage cheese, or any liquid supplement are recommended. It is important to keep your blood sugar level up, and not become de-hydrated. On the day after surgery, please continue with very soft food such as mashed potatoes, blended foods, soups, smoothies, etc. Things that require very little chewing will prevent excess tissue stretching. We also recommended stocking up on humorous lighthearted videos or magazines, you can enjoy while taking it easy. "Laughter is the best medicine"
- Please remove any nail polish and facial makeup before arriving for your scheduled surgery appointment.

If you have ANY questions regarding the surgery, medications, or after care, please so not hesitate to call the office at (928)941-1595, 1-800-783-2115. We are dedicated to help you stay as comfortable as possible, and following these guidelines have been proven successful.